



Adult Basketball Rules

1. The MWR Adult Basketball Leagues shall be governed by the current year's National Federation of State High School Associations Rule Book except as specified herein:
 - a.) The MWR Adult Basketball League Program Director reserves the right to make any changes including rules that are deemed necessary for fair competition, safety and the efficient operation of the league.

2. GAME
 - a.) All games will be played at Naturita Elementary/Middle School Gymnasium (unless otherwise stated).
 - b.) All games will be played at the time, date and location specified on the league schedule.
 - c.) Official starting time is forfeit time. Teams must have five (5) rostered players to start a game. Teams may play with four (4) players. Teams cannot play with less than four (4) players. If eligible players is less than four (4) during the game, the game will be ruled a forfeit. Following a forfeit game, the teams may play a practice game.
 - d.) Each game will consist of a ten minute warm up and two 20 minute periods and a ten minute half time.
 - e.) **No Dunking at any time!**
 - f.) **No hanging on the rim at any time!** Players guilty of hanging on the rim before, during or at half time will be assessed a Flagrant Technical Foul. Players will be financially responsible for any and all damages to rims/goals damaged by players hanging on the rim.
 - g.) Teams will be allowed two time outs per half. Each timeout will be one (1) minute in length.
 - h.) OVERTIME - If the score is tied at the conclusion of the second half, play shall be extended with a five (5) minute overtime period. Each team is permitted only one time out during an overtime period. No other time outs carry over from regulation play.
 - i.) OFFICIALS/TIME KEEPER/BOOK KEEPERS- Teams will be required to share the responsibility of providing officials, time keepers and book keepers. Please check your schedule.

3. ROSTER

- a.) All teams must have a complete roster signed by each player, a signed personal liability waiver and league fees to register for the leagues.
- b.) Roster limit is 12 players. Rosters are due with registration fees. Championship teams will receive individual awards for rostered players only.
- c.) No roster additions will be accepted after 5 (five) games.
- d.) Player Eligibility - Players under 18 years of age MUST have a personal liability waiver signed by the player and his/her parent or guardian.
- e.) Any player dropped from a team roster during the season is not eligible to be added by another team.
- f.) Only roster players are eligible. A roster check will be done before every game. NOT ON A ROSTER NO PLAY. If a member from another team is used during league play, the game will be considered a forfeit.

4. EQUIPMENT

- a.) Teams will be provided same color T-shirts with numbers.
- b.) Clean basketball shoes only, NO street shoes on the gym floor.
- c.) Home team provides the game ball.
- d.) No jewelry (i.e. earrings, necklaces, bracelets, rings, etc.) will be allowed to be worn by players during the game. NO EXCEPTIONS!!!

5. DETERMINATION OF LEAGUE CHAMPION

- a.) The team with the best overall league record will be determined the league champion.
- b.) Should a tie exist at the conclusion of league play, the following method will determine the league champion and runner up.
 - 1.) Head-to-head competition between teams involved.
 - 2.) Point differential between tied teams.

6. MISCELLANEOUS RULES

- a.) Smoking, liquor or food and beverages will not be permitted in the gym or the school grounds by players or spectators. Players violating this rule will be suspended for two (2) games.
- b.) Any player ejected from a game (for any reason other than personal fouls) is automatically suspended from the team's next two scheduled games.
- c.) Players ejected from any two games will be suspended for the remainder of the season and may not be replaced on official team roster.
- d.) Two (2) technical fouls on a player will result in the ejection of that player from the game.
 1. In an attempt to have games completed, the official's will implement the following procedures when dealing with "indifferent" situations:
 - When dealing with an irate player, the Team Captain will be approached to control the player. If the Team Captain fails to handle the situation or the

player ignores the Team Captain and continues the behavior, the player will be ejected from the game and be requested to leave the premises. The referee will make every attempt to continue game play.

- If the player refuses to leave within a reasonable amount of time, the game will be declared a forfeit and law enforcement will be called to escort the player(s) from the facility.
- e.) Team Managers are responsible for informing their players of all rules and seeing that they conform to them.
- f.) **Players:** Fighting, baiting of players or verbal abuse of officials will not be tolerated. Players guilty of these infractions will be suspended indefinitely.
1. Leaving the bench during an altercation will result in disqualification from the game.
 2. Using profane or inappropriate language or obscene gestures will result in a technical foul minimum/maximum ejection from game.
 3. Disrespectfully addressing or baiting or taunting an opponent will result in a technical foul minimum/maximum ejection from game.
- g.) **Spectators:** Watching is a privilege, so please make sure your friends, family, and spectators understand they must abide by the same standards as the players. Please don't yell or criticize officials even if you disagree with their calls or no calls. We ask that no spectator participate in poor behavior. This includes coaching, officiating, questioning, or just disagreeing. Negativity is contagious.
- h.) **Children:** We ask that all children sit next to parents and be under their supervision at all times. This helps prevent any accidents or interference with games. If the only parent attending is playing, that parent will be responsible to have someone supervise his/her children during the game. Due to safety concerns, children (or any other spectators) are not allowed to sit on the team bench or at the scorer's table. Referees may remove a parent from the game and require him/her to supervise unruly child/children. Parents will be financially responsible for any damage caused by their children.
- i.) Any damage or vandalism by team basketball members, family or spectator will be turned over to law enforcement and fully prosecuted by Montrose West Recreation, Inc.
- j.) It is the duty of **ALL** MWR Adult Basketball player's to make sure the facility is left clean and in the same condition it was found.
- k.) All judgments on rules and player eligibility will be made by the MWR Adult Basketball Program Director and are final.